



# REC CAMP PARENT PACKET

Student Life is excited to host your student at camp this summer. We have put together a packet of information not only to help you pack, but also to keep you informed about what the week looks like. Attached you will find a packing list, dress code, a breakdown of the daily Bible Study focuses and information on how to connect with your student while they are away. Thank you for allowing us to be a part of your student's life in what we are praying will be a truly transformational week.

## WHAT WILL YOUR STUDENT BE LEARNING?

### **"TAKE HEART" - JOHN 16:33**

No one wants to be afraid, to feel anxious, or nervous. We believe the lies and fears that the enemy seeks to instill in our lives. We walk into our schools, turn on the news, or talk to our friends, and leave feeling unsteady. But fear does not have to be the defining characteristic of our lives. The voice of the enemy does not have to overpower the voice of our Victor, Jesus. Jesus has erased the need for all fear and blocks out the sometimes overwhelming voice of the enemy. At Student Life Camp, students will learn that while the opponent is great, our God is greater. He was and is a God of kept promises, who has good plans for us. He is our stronghold in the midst of weakness, taking our hands in the face of uncertainty, and pushing us toward courage, pushing us to take heart.

### **DAILY BIBLE STUDY FOCUSES**

#### **Day 1: PAST PROMISES, FUTURE CONFIDENCE**

Our God is good and He keeps His promises to us. Because God has kept His promises in the past, we can have confidence that He will keep His promises in the future. All of Scripture points to Jesus as the Son of God, and we can have confidence in His plans for us.

#### **DAY 2: STRONGHOLD IN WEAKNESS**

The unknown is terrifying, especially when you don't feel equipped to handle it. Our insecurities can bring inescapable feelings of anxiety and fear. But take comfort and feel empowered in knowing that God uses people's weaknesses, and equips them for His kingdom's work in the midst of fear.

#### **DAY 3: LOVE AND SUFFERING**

God promises to be with us. In fact, God sent His Son to die on the cross so that we could be saved and have a restored relationship with Him. But that doesn't mean we will live a perfect life. On the contrary, following Jesus requires suffering. As we grow in our love of Jesus, we grow in the realization that we are sinful—and that is painful. However, this suffering is not at the hands of a malicious God, but rather a loving God.

#### **DAY 4: GREAT OPPONENT / GREATER GOD**

Sometimes the opponent of sin feels like more than we can handle. In those moments, we can take heart and see that God is greater than any opponent of sin or shame because He has already conquered them all. The battle has been won. Our God is greater.





# PACKING LIST

Check with your leader for electronics and cell phone guidelines.

## WHAT TO BRING

Modest, casual clothing for four nights of Worship  
Modest, comfortable clothing for three days during free time  
Modest, comfortable clothing for the trip home  
Pajamas  
Closed toe shoes (For daytime activities)  
Bible, pen & notebook  
Towels and washcloths  
Toiletries  
Bedding and Pillow (Unless told otherwise)  
Spending money for snacks and Student Life Store  
Watch and/or alarm clock  
Sunscreen  
Water bottle  
Bugspray  
Swimsuit and beach towel (For pool, if available, and under clothing on water days at recreation)

## WHAT NOT TO BRING

Tobacco, drugs or alcohol  
Fireworks, water balloons or weapons  
Skateboards, roller skates or roller blades

## CAMP DRESS CODE

No tight clothing or clothing that reveals undergarments  
No short shorts or skirts (Stand with your arms by your side. If your fingertips are touching skin, your shorts or skirt should be longer.)  
Shirts should have straps that are at least three fingers wide  
No speedos or midriff-baring bathing suits  
No clothing that promotes alcohol, cigarettes or any other inappropriate items  
No clothing with questionable sayings, slogans, etc.

